

# Welcome to Wellness at Eaton!

<b>Service:</b>	<b>Frequency:</b>	<b>Where:</b>
AARP Safe Driving Class	3 <sup>rd</sup> Tuesday of each month	Fireside Room
Audiology Services	Every 2 Months	5 <sup>th</sup> Floor Wellness Center
Case Management & Counseling	By Appointment/Referral Only	Seen In Your Apartment
Dermatology Services	Monthly	5 <sup>th</sup> Floor Wellness Center
Dental Hygiene Services	Monthly	5 <sup>th</sup> Floor Wellness Center
Dispatch Health	As needed for urgent care	Seen in your apartment
Exercise Classes	Several offerings weekly	See Calendar for location
Legacy Therapy (OT/PT/Speech)	Monday-Friday	4 <sup>th</sup> Floor of The Residences
Flu Immunization Clinic	Annually each fall	The Centrum
Foot Care	1 <sup>st</sup> Thursday of Each Month	5 <sup>th</sup> Floor Wellness Center
HealthSet Clinic	4 <sup>th</sup> Tuesday of Each Month	6 <sup>th</sup> Floor of the Residences
Holistic Health & Wellness Class	1 <sup>st</sup> Saturday of each month	Solarium
Low Vision Group	2 Classes held each month	Solarium
Massage	Every Wednesday and Every Other Saturday	5 <sup>th</sup> Floor Wellness Center
Medicare Monday	Each Fall	Centrum
Mobile Dog Groomer	By Appointment Only	On-Site Monthly
Mobile Mammography	Annually in May	Mobile Unit On-Site
OPTUM Specialized UHC Plan	Based on client needs	5 <sup>th</sup> floor Wellness Center
Physician House Calls	Primary Care Physician Group	Seen In your apartment
Podiatry	Second Friday of each month	5 <sup>th</sup> Floor Wellness Center
Senior Reach Wellness Session	3 <sup>rd</sup> Tuesday of each month	Fireside Room
Vaccine Clinic	Based on Client Need	5 <sup>th</sup> Floor Wellness Center
Vet Clinic	Every 2 months	Fireside Room

