

**EXTRA!**  
supported by Eaton Senior Communities Foundation

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**GIVING TUESDAY, November 28th!**



Eaton Senior Communities Foundation would like to hear from you on this global day of giving. **Will you help us meet our Annual Campaign target of \$35,000 by donating on Giving Tuesday?** So far, campaign donations total \$16,091 and we need your help to reach our goal.

**Go to [www.eatonsenior.org](http://www.eatonsenior.org) on November 28th** and click on the green "Donate Now" button to show

your support for Eaton's residents! We also accept cash and checks at anytime. Thank you!

**CURRENT GRANTS**  
**A. V. Hunter Trust, Inc.**  
 Wellness Director  
**Comprecare Fund at The Denver Foundation**  
 Wellness Coaching Oversight  
**The Colorado Health Found.**  
 Wellness Coaching Research  
**Schlessman Family Found.**  
 Resident Advocate

**FOCUS ON RESIDENTS - Carla Craig**



From Olathe to Granby and Walden, Carla is a Coloradan through and through. She was born in her grandfather's farmhouse in Olathe. There, he developed onion seed, which was eventually sold to Burpee.

Carla grew up in Granby, knowing her stepfather as "Daddy." He was the ping pong champion of Colorado and Carla particularly remembers one of the lessons that he taught her - "No matter how good you are, there's always someone better." Carla loved the summers she spent on her grandparents' farm in Olathe.

Her freshman year in high school began with a brand new building with construction delaying the start of school. To make up for lost time, attendance was required on Saturdays and holidays. Carla became known as one of the "Sunshine Nine," who ditched classes one Saturday by jumping out of a classroom window onto the roof of a car. Unfortunately, they did not plan ahead and were caught almost immediately.

She attended Colorado State University and met her future husband, Don, during her freshman year. They married and their daughter, Lisa, was born in Walden, where Don had a job as a high school teacher and coach.

In Walden, Carla was recruited to be the kindergarten teacher. She was given a book, "How to Teach Kindergartners," published in 1932 - the year she was born - to prepare for her new job! She says that she "should have paid the parents for the privilege of teaching their children that first year."

After the death of her infant son, Carla found her faith when she "looked out a window and felt a warm presence" that assured her that "God was there." She found strength and comfort in this faith during the breakup of her marriage. Carla and Lisa moved back to Granby, to be near her parents, where she taught kindergarten for the next 21 years.

Several years after this move, Carla met Jerry. After her initial hesitation when he told her that he was a recovering alcoholic, they married. Jerry dedicated himself to helping others who faced this issue and remained sober for 44 years.

They spent retirement in their home on Lake Granby and loved the national forest outside their back door. Carla found fulfillment leading the women's Bible study at the Winter Park Christian Center. The last years that she and Jerry shared were wonderful. She says that, "our walk with the Lord was what held us together" during his battle with cancer.

Carla was diagnosed with Parkinson's and decided in 2016 that the time was right for her to move to Eaton's Assisted Living Community. Within one month of her decision, church members had moved her into Eaton.

With each loss in her life, Carla found that she would lose a part of her identity, only to find deeper ways to walk with the Lord. At Eaton, Carla loves the church which she describes as "almost tailor-made for me." Carla particularly enjoys Sunday services, Bible study and Prayer and Share. She also said, with a twinkle in her eye, that she goes to Bingo because she "might win a chocolate bar!"

**HONORS & MEMORIALS**  
**June 15 - October 31**

**DONATIONS**

**IN MEMORY OF:**

**Helen Loeb**  
Colene Lubbers

**IN HONOR OF:**

**Joyce Mathisen**  
Dorothy Tweedell

**Lucy Opdahl**  
Chuck & Judi Weeks

**TREE OF LIFE**



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## AWARDS and HONORS for EATON

**Kate West and Sarah Schoeder, Eaton's Wellness Coaching Supervisory Team**, were presented with the inaugural **Robert Wood Johnson Foundation Award for Health Equity** at LeadingAge's annual meeting in New Orleans on October 30th. Kate and Sarah have also been invited to the Robert Wood Johnson Foundation in Princeton, New Jersey in December for additional recognition.

This award recognizes Eaton's efforts to reduce or eliminate health disparities experienced by older adults. Metropolitan State University of Denver is Eaton's wellness coaching partner and provides a path for student interns to serve as wellness coaches for Eaton residents.

**Eaton Senior Communities** recently received notice that it was selected as the winner of **Metropolitan State University of Denver's Community Partner Award**. This is in recognition of an organization that goes above and beyond to provide excellent learning opportunities for Metro students. They wrote, "Eaton clearly does that! You are very deserving of the award."



## CYCLING WITHOUT AGE CELEBRATES OFFICIAL LAUNCH



In early October, the party began at Eaton Senior Communities with donuts and a ribbon-cutting ceremony that sent the two trishaws on their way to a second celebration in Lakewood's Civic Center Plaza. Gary Harty (the person who brought this idea to Eaton) and his wife, Judy, piloted Eaton residents Bernie, Linette, Eileen and Theodora to Lakewood's party with Mayor Adam Paul.

Eaton Senior Communities Foundation funded the purchase of one trishaw using donations from community supporters. At the request of Gary and Eaton's CEO, David Smart, the City of Lakewood purchased a second trishaw, which is available for Eaton's

use when not needed by Lakewood. In exchange, Eaton provides storage for both trishaws.

As the weather turns colder, Eaton residents continue to enjoy "the right to wind in your hair," a founding principle of Cycling Without Age. Gary and the Lakewood Bicycle Advisory Team recruit, train and manage the volunteer pilots who make this program possible.

## Balcony Garden Party "Friend-raiser" adds \$\$ to Bus Fund

Beautiful weather provided the perfect setting for Eaton's annual Balcony Garden Party on September 6th. Artists from the Owen Boys and Girls Club once again donated their talent to decorate flowerpots for the fundraiser, selling them for \$785!

Overall, the event introduced us to 16 new friends and raised \$3,725. Proceeds from the evening were added to the Foundation's Bus Fund, which is helping Eaton Senior Communities replace its 20 year-old bus used for resident transportation.

Eaton Senior Communities' Endowment Fund that was established in 2007 will also subsidize the cost of the bus.



**If you are interested in supportive housing in a warm and caring community, please contact Anna Agazio at 303-937-5107 for Assisted Living or Jessica Culey at 303-937-3186 for Senior Apartments.**