



Eaton Senior Communities' Life Enrichment Calendar for the week of July 16-22, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 16, 2017	July 17, 2017	July 18, 2017	July 19, 2017	July 20, 2017	July 21, 2017	July 22, 2017
10:00 – Church Service (Centrum) 10:00 – Catholic Communion(AL 3rd Floor) 11:15 – Talk Back (Fireside)	9:30 Tablet Class (Cancelled for Summer) (AL 2 nd Fl) 10:00 Exercise (Fireside Room) 10:30 Exercise (Community Room) 1:00 – Shopping Cart (AL Lobby) 1:30 Resident Board Meeting (AL 2nd floor) 1:30 Blood Pressure Clinic (AL Lobby) 1:00---2:00 Senior Reach Wellness Talk (Fireside Room) “Meditative Prayer” 2:00 Bingo (Community Room) 3:00 Bible Study with Roy (AL 2 nd Floor)	9:30 Music with Amy (Community Room) 9:30 Bible Study (2nd Fl. AL) 9:30-10:00 – Blood Pressure Clinic (5 th Fl. Res. Wellness Ctr.) 10:00 Catholic Mass (AL 3 rd Floor) 10:45 Out on the Town-Cracker Barrel-Res. only 1-2:00- AL Pet Visit (AL Lobby) 2:15 Mobile Postal Van (East Parking Lot) 2:15 Blood Pressure Clinic (5 th Fl. Res. Wellness Center) 2:15-3:15 Pet Visit (Res Lobby) 3:00 Bookclub with Todd (Solarium) 6:00 Bingo (2 nd Fl. Solarium)	10:00 – Exercise (RES 6th Floor) 10:30 – Exercise (Community Rm.) 11:00 – Blood Pressure Clinic (Community Rm.) 12:30 – 1:30 pm Wellness Clinic in Community Room 1:00 Shopping Cart (AL Lobby) 1:00 Dollar Tree-Shopping-Res. Only 1:30 Community Wellness Group (Fireside Room) 2:00 – Bingo- (Community Room) 2:00 – Movie (AL 3rd Floor) 3:15 Resident’s Meeting-AL Only (Community Room) 7:00 – Coloring Group (AL 2nd Floor)	9:30 & 1:00 – King Soopers (RES. only) 10:00 – Exercise (RES 6th Floor) 10:30 Art for the Ages (Community Room) Make up lesson for 4th of July 1:30 Nurse’s Talk (Community Room) Guest Speaker Officer Lee Thomas-community safety-know what to look for and how to report suspicious behavior 3:00 Tai Chi (Community Room) 3:00_– Bible Study (Fireside Room) 6:30 DVD Concert with Pastor Roy (Community Room)	9:30 Tablet class (Cancelled for Summer) (6 th Floor Res.) 9:30 – King Soopers (AL only) 9:30 –Watercolor Class-AL 2nd Floor 10:00 – Prayer & Share (Solarium) 10:00 Exercise (Community Room) 1:00 – Shopping Cart (AL Lobby) 2:00 Funny Videos-guest speaker-guaranteed to make you laugh! Community Room 6:00 Friday Movie-6 th Floor Res.	9:30 – Panera Bread (Solarium) 1:30 Holistic Health Education with Jennifer (Community Room) 2:00 – Saturday Movie Matinee (AL 3rd Floor)