

March 2016  
Volume 19 Issue 1

**HONORS & MEMORIALS - NOVEMBER thru FEBRUARY**

**IN MEMORY OF:**

**JEAN CAMPBELL**

Jill & Tim Wayne

**MARGARET HOLTZINGER & MARY TAPSCOTT**

Mary Anne McKenzie

**DORIS KUGLER**

Kay Furtak & Linda Wennersten

**DORIS PREMER**

Dale & Linda Wilson

**JAMES SCHULER**

Doris Dolzadelli

**BARBARA "PEARL" UNITS**

The Units Family

**IN HONOR OF:**

**JEANNE HENDERSON**

Fred & Karen Setzer  
Chris & Susan Sieber  
Lucy Sieber  
Jim Ward

**MILDRED KILLIP**

George Bickley & Betty Baker-Bickley

**DON LEWARK**

Joe & Kathy Proctor

**HELEN LOEB**

Rev. Dean Painter & James Villnow

**JIM WARD**

Jeanne Henderson



**CONTACT US**

**President & CEO**

David Smart 303-937-3010

**Chief Operating Officer**

Diana Delgado 303-937-3096

**Director of Comm. Dev.**

Anna Agazio 303-937-5107

**Director of Assisted Living**

Jason Weber 303-937-3098

**Director of Leasing**

Jessica Culey 303-937-3186

**Foundation Administrator**

Liz Grieser 303-937-3088

**Eaton Senior Communities**

303-937-3000  
303-937-3090 fax

**"BRIDGING the GAP" FUNDRAISER - April 30**



**You are invited to our annual "Bridging the Gap" fundraising Dinner with Live and Silent Auctions, presented by Eaton Senior Communities Foundation.** Come and enjoy a relaxed evening and delicious food and drinks with friends and family while supporting a good cause. Individual tickets are \$100 and a Table for Eight is \$800.

The evening begins at 5 pm with a social hour that includes wine, beer and hors d'oeuvres with a Wine Cellar Sale and Silent Auction. Guests then move to the dining room for a special Dinner followed by a Live Auction.

**Sponsors include FirstBank and Anonymous at the Gold Level and Bauerle and Company, PC - Silver Level.** Sponsorships are still available. Call Liz at 303-937-3088 for more information or to order your tickets.

**FOCUS ON RESIDENTS - Sue Spencer**

**Sue Spencer** and her family were leaving King Soopers in Lakewood when they saw snowflakes for the first time. They had been told that they would "need to buy provisions in case they got snowed in" and could not understand why no one else seemed to be worried. Their recent move from San Diego meant lots of changes, but Sue soon learned to love the welcoming, laid-back Colorado lifestyle.

**Sue was born in Inglewood, California** and moved to San Diego with her parents and two older brothers when she was 12 years old. She married at the age of eighteen and devoted herself to raising her two sons until the youngest was four and could attend pre-school. She then found another full-time job at Coors Ceramics in San Diego and loved their family atmosphere. When the plant closed ten years later, Sue, her husband and younger son chose to relocate to Colorado so she could keep her job with Coors. Sue's older son was 18 years old and he chose to remain in San Diego.



**Colorado weather "was a real shock"** to these Californians and they were cold all the time, "sitting in the house with our jackets on." To this day, Sue does not like driving in snowy weather. After her divorce, she lived with a friend to share costs and then moved into her own apartment in 2008.

Her 30 years at Coors ended when her skills were no longer needed to run the new machinery. **She took early retirement** at the age of 58 and worked for two years as a grocery store bagger, saying she "took quite a cut in pay." Sue chose full retirement in 2012. Describing herself as "shy," she began to feel isolated in her apartment. In 2015, she took action and found The Residences at Eaton Senior Communities. According to Sue, **"I feel like I am living now, where before I was just surviving."**

**The best part of Sue's life at Eaton is new friendships.** Every day, she assists another resident and has several close friends with whom she spends time. Coloring Group, Exercise Classes, Educational Talks, Massage Therapy, Church Services, and Puzzles are integral to her new social life. Sue also benefitted greatly from Senior Reach's group meetings dealing with chronic physical and emotional pain. She expresses enthusiastic appreciation for Eaton's warm and caring community and is looking forward to seeing her three-year-old grandchild for the first time this summer in San Diego!

**THANK YOU FOR YOUR DONATIONS!**

Eaton Senior Communities Foundation subsidizes Assisted Living operations where over 50% of the residents rely on Medicaid for support. Several Assistance Funds help individual residents and employees throughout the year. In addition, Foundation staff seeks grants to subsidize the supportive services and programs.

**Donate online at [www.eatonsenior.org/foundation](http://www.eatonsenior.org/foundation)**

Eaton Senior Communities  
333 South Eaton Street  
Lakewood, CO 80226  
Phone: 303-937-3000  
E-mail: [foundation@eatonsenior.org](mailto:foundation@eatonsenior.org)  
Website: [www.eatonsenior.org](http://www.eatonsenior.org)

Read weekly stories at:  
[www.facebook.com/  
eatonseniorcommunities](https://www.facebook.com/eatonseniorcommunities)

## INTERNS & VOLUNTEERS MAKE A DIFFERENCE

The word is spreading that **Eaton Senior Communities is a great place for students to volunteer and serve their internships.** In fact, some students who weren't selected for internships chose to volunteer so they can be part of the Eaton experience.

This semester, Eaton is hosting four college students, with three from Metropolitan State University of Denver. **Kylea Depottyondy**, majoring in Health Care Administration, is serving a newly-created Health Care Management Internship under Diana Delgado, Eaton's Chief Operating Officer. **Jen Gravestock**, majoring in Integrative Health Care, and **Matthew Greenhouse**, majoring in Integrative Therapeutic Practices, are interns supervised by Sarah Schoeder, Eaton's Wellness Director. Matt and Jen assist with Wellness Coaching and Resident Health and Wellness Assessments while Jen also offers Reiki Therapy to residents.



Kylea



Jen

**Lauren Tejada** is a student at Naropa University and chose Eaton to fulfill one of her course's volunteer requirements. Her major is Contemplative Psychology and she is supervised by Kate West, Eaton's Resident Services Coordinator. Lauren leads a Women's Group at Eaton along with serving as a Friendly Visitor to individual residents.

Former students who now volunteer at Eaton include **Lauren Van Dalsum** who offers Yoga classes and serves as a Wellness Coach; **Anna Wiese-Wall**, who offers healthy cooking classes to Eaton residents; and

**Margot Wilson** who serves as a Wellness Coach. In addition, Margot and another former intern, **Sheri Mauk**, provide Employee Wellness Coaching and monthly Employee Wellness Meetings.

Eaton is proud to host these interns and volunteers, offering a great experience for each one in a warm and caring community while benefitting from their skills and fresh perspectives.



Matt

## DINING IMPROVEMENTS at THE RESIDENCES

**Recent changes to Eaton's Dining Services for the Senior Apartments offer expanded service hours and more food choices.** Residents now order their meals for table delivery at times chosen by them. They can use one of the two kiosks to place their order, phone their order in to the kitchen, or order their meal at the store window. At their chosen time, residents arrive at the dining room and their meal is delivered to their table. For those times when communal dining is not desired, room service is always available for a \$2 fee.

The serving line area has been remodeled into a store, where prepared food is sold along with beverages, basic grocery and household items, frozen meals and snacks. As part of the changes, dining hours were expanded to 11 am to 3 pm and 4 pm to 5:30 pm. Eventually, the hours will be increased to 11 am to 5:30 pm. The store is always open during these hours and from 10 am to 2 pm on weekends, with a brunch buffet offered on Sundays.

This transition is receiving positive comments from many residents, particularly the expanded menu and service hours. Very few subsidized housing communities offer on-site dining and Eaton Senior Communities is proud to expand this service, established by our founders in 1980.

**If you are interested in supportive housing in a warm and caring community, please contact Anna Agazio at 303-937-5107 for Assisted Living or Jessica Culey at 303-937-3186 for Senior Apartments.**

All photos provided courtesy of Debbie Koop Photography 303-239-9490