

November 2015
Volume 18 Issue 3

**HONORS & MEMORIALS -
JULY thru OCTOBER**

IN MEMORY OF:

DEANA BUTTS

Shari Neugebauer

IN HONOR OF:

MARY K. & LIZ GRIESER

Benita Campbell



**NEW WEBSITE
FOR EATON
RESIDENTS**

A new website has been created for the residents of Eaton Senior Communities.

This resource-rich tool offers one place to find the many on-site services that Eaton residents can access.

In addition, links to applications for assistance and other resources are just a click away.

Go to Eaton's website at www.eatonsenior.org and click on the **Resident Resources** tab on the Home Page.

CONTACT US

President & CEO

David Smart 303-937-3010

Chief Operating Officer

Diana Delgado 303-937-3096

Director of Comm. Dev.

Anna Agazio 303-937-5107

Director of Assisted Living

Janet Kozak 303-937-3098

Director of Leasing

Jessica Culey 303-937-3186

Foundation Administrator

Liz Grieser 303-937-3088

Eaton Senior Communities

303-937-3000

303-937-3090 fax

EXTRA!

supported by Eaton Senior Communities Foundation

ANNUAL CAMPAIGN & COLORADO GIVES DAY



Eaton Senior Communities Foundation's **Annual Campaign** is under way! If you haven't already donated, please consider contributing online on **December 8th, Colorado Gives Day**. By donating on this day, your gift will be increased proportionally by a \$1 Million Incentive Fund from FirstBank and Community First Foundation - one of the largest gives-day incentive funds in the country.

You can schedule your donation today at eatonsenior.org/foundation by clicking on the "Donate Now" button. Help us exceed last year's Gives Day total of \$8,480 and reach our campaign target of \$30,000 by year-end.

FOCUS ON RESIDENTS - Bernie Schram

Her family called her "Hank," because she loved spending time outdoors on the family farm, southeast of Sterling, Colorado. Bernie's Grandpa Marks homesteaded the land and gave each of his nine children a quarter section. Seven of them lived on and farmed their sections, and at one time, Bernie had 48 cousins living nearby. A "water witcher" showed her father exactly where to find water for his section, so her dad and brother, Bud, hand-dug a 35 foot well to irrigate their corn and potato fields! They also grew dryland wheat and sold cream, milk and butter to customers in Sterling.

Bernie was glad to leave the housework to her older sisters while she milked the cows, drove a tractor and worked with her father and brother. She attended a country school and was one of six students in her graduating class. Next up was Sterling Junior College for two years and then, because of a teacher shortage in 1944, she earned a war emergency teaching certificate. Bernie taught at a country school for several years and after the war, she went back to the Colorado State College of Education (now UNC) in Greeley and got her degree along with a lifetime teaching certificate.

After graduation, she and a friend were looking for adventure and found teaching jobs in Steamboat Springs, where the population was only 1,500. Her teaching situation "was ideal" in Steamboat with 24 students in the 5th and 6th grades. Bernie met her "Rainbow Bread Man" at one of the Saturday night dances where everyone was "playing the field." John was from Texas but fell in love with Colorado during his training in the 10th Mountain Division. He returned to Colorado after the war and was a true outdoorsman, which matched perfectly with Bernie's interests.

In 1951, John's transfer to Denver meant new jobs for both and over the next several years, five children completed their family. Bernie raised her young family and when all of her children were in school, she went back to substitute-teaching in Jefferson County. When John retired, they bought a motor home and spent 16 winters in south Texas - fishing, golfing and playing bingo. John died in 2008 and five years later, Bernie decided to sell her home in Lakewood. She moved into The Residences at Eaton Senior Communities, after waiting for a west-facing apartment to become available.

Bernie "thoroughly enjoys it here" and volunteers as a Friendly Neighbor and a Floor Representative. She collects cancelled postage stamps and food box coupons for several elementary schools. Bernie attends Sunday church services at Eaton, which are led by Rev. Jim Ward, her son Jack's schoolmate. The twinkle in her eyes shows that time with Bernie is always fun and she is a very young 90 years old!



GIFT CERTIFICATES AVAILABLE for CHRISTMAS

Are you wondering what to get your favorite Eaton resident for Christmas? We are now offering gift certificates for resident services, including Acupuncture, Housekeeping/Laundry, Massage, and a variety of Hair Salon Packages.

If you don't know an Eaton resident, but would like to provide a gift of these services, our Resident Services Coordinator and Wellness Director will identify someone who could benefit from your generosity.

Certificates are on sale at the Front Desks of each community. For more information, call 303-937-3000.

Donate online at www.eatonsenior.org/foundation

Eaton Senior Communities
333 South Eaton Street
Lakewood, CO 80226
Phone: 303-937-3000
E-mail: foundation@eatonsenior.org
Website: www.eatonsenior.org

Read weekly stories at:
[www.facebook.com/
eatonseniorcommunities](https://www.facebook.com/eatonseniorcommunities)

FUN at the BALCONY GARDEN PARTY



Beautiful weather, Eaton gardeners, Owen Boys and Girls Club artists and Foundation supporters joined together to make this year's Fall Balcony Garden Party Fundraiser our best ever! The self-guided tour of Eaton Senior Communities' balconies and gardens featured drinks and delicious food at three tour stops.

Artists from the Boys and Girls Club decorated and donated fourteen flowerpots, which sold for \$395! **The event raised over \$4,600** and the evening's proceeds were added to Eaton

Senior Communities Foundation's Resident Assistance Fund.

Thanks again to our Tour Stop Sponsors - **Legacy Healthcare Services, 5280 Contract Flooring, and the Leadership Team and Board of Eaton Senior Communities** - and to everyone who donated to this fundraiser!



Employee Wellness at Eaton Senior Communities



Gift cards enticed Eaton's employees to attend the inaugural monthly Employee Wellness meeting. This year, Margot Wilson (volunteer Wellness Coach at Eaton) and Sheri Mauk (former MSU-Denver student intern at Eaton) founded a new business - **Dynamic Wellbeing**. They have chosen Eaton Senior Communities as their first client.

While much of Eaton Senior Communities' recent focus has been on resident wellness, employee wellness is now also in the spotlight. Eaton's Leadership Team fully supports this effort and offers employees time during their working hours to attend these sessions.

Individual support is also available and tailored to the needs of each staff member.

Caring for the caregivers translates into better care for everyone - residents, families and co-workers - and all the dimensions of wellness will be addressed during these educational sessions.



Eaton Earns West Metro Fire Department's First Seal of Approval



Congratulations to Eaton Senior Communities for earning West Metro's first Seal of Approval for Senior Residential Facilities. An Emergency Preparedness Plan, a comprehensive Fall Prevention Program, Fire Protection System Maintenance along with various Inspections met West Metro's requirements for its Seal of Approval.

Eaton's staff has devoted many hours to developing an Emergency Preparedness Plan. Fire drills, a mock resident evacuation, a mock active shooter incident, and a mock building lockdown have all kept staff on their toes and revealed areas for improvement. Residents have prepared "Go-kits" and made arrangements for their pets, in case of emergency. Eaton's Emergency Preparedness Committee continues to meet bi-weekly to keep this topic front and center for everyone.

If you are interested in supportive housing in a warm and caring community, please contact Anna Agazio at 303-937-5107 for Assisted Living or Jessica Culey at 303-937-3186 for Senior Apartments.